



# CONTACT

Montebello Teachers Association/California Teachers Association • 918 W. Whittier Blvd. Montebello CA • (323) 722-5005

## State COVID-19 Leave Continues Through September 30

You may be entitled to up to ten days COVID-19 leave under the qualification listed below. **Complete [Human Resources COVID Leave Form](#) online to claim current and retroactive COVID Leave.**

**Human Resources will contact you directly.**

**Up to a total 10 days from January 1 - September 30, 2022 are allowed for employees who:**

- (1) Is experiencing symptoms of COVID-19 and is seeking a medical diagnosis
- (2) Is subject to a quarantine or isolation period related to COVID-19 (though a general stay-at-home order does not count for this purpose)
- (3) Has been advised by a healthcare provider to self-quarantine due to concerns related to COVID-19
- (4) Is attending an appointment to receive a COVID-19 vaccine
- (5) Is experiencing symptoms related to a COVID-19 vaccine that prevent the employee from working or tele-working
- (6) Is caring for a family member\* who is subject to a quarantine or isolation period and/or has been advised to self-quarantine
- (7) Is caring for a child whose school or place of care is closed or unavailable due to COVID-19 on the premises.
- (8) Is taking a family member to an appointment to receive a COVID-19 vaccine or caring for a family member experiencing related symptoms
- (9) Updates vaccine definitions to include a 'booster.'

### Test on Day Five to Continue Coverage

All workers must test on day 5, and the employer must pay for and provide the test. If no test is provided by employer, worker gets another 40 hours (80 hours total).

- (1) a. If negative, you don't get any additional sick leave. If a worker refuses to take the test on day 5, no additional sick leave (40 hours total).
- (2) b. If positive, you get another 40 hours (80 hours total). *In addition, if it was an occupational exposure, you can access the ETS for exclusion pay before the 80 hours.*
- (3) If the employee has not received the results of the COVID-19 test when a test is required to end quarantine/isolation, the employee can take additional SPSL up to 40 hours until receiving the results.

\*Note: Family member is defined in subdivision (c) of Section 245.5 as a child, parent, spouse, domestic partner, grandparent, grandchild, or sibling.

### It's Time to Join the Catastrophic Leave Bank!

The Catastrophic Leave Bank (CLB) allows certificated employees (MTA & AMSA) to donate sick days to colleagues with catastrophic illnesses. The form is available at [montbelloteachers.org/clbform.pdf](http://montbelloteachers.org/clbform.pdf).

- You may automatically donate 1 day per year by checking the appropriate box on the form. You are eligible to participate in the CLB during any year in which you donated at least 1 day.
- Withdrawals are made in 20 day intervals with a maximum of 60 days.
- All those eligible for the days receive the days.
- The deadline to donate days is **November 15.**

# Free At-Home Over-the-Counter COVID-19 Tests Available

Free over-the-counter (OTC) tests can be picked up at Department of Public Health vaccination sites and at a variety of locations and partners. Currently, free OTC tests are being distributed at the seven [Public Health PODs](#).

There are many FDA-approved rapid OTC tests that can be used for self-testing at home, at a business, or at other community settings. These OTC antigen tests provide results in a few minutes, as opposed to laboratory-based PCR tests that may take several days to process.



Additionally, at-home tests can be ordered at no charge from the federal government at

[www.covidtests.gov](http://www.covidtests.gov). Residents who have health insurance can receive eight free at-home tests each month for each insured member in their household.

If you purchase an OTC test from a pharmacy, store, or online retailer and are charged for your test, keep your receipt, and submit a claim to your insurance company for reimbursement.

Individuals with any questions should talk with their health care provider to make sure they understand their viral test results and any next steps. Those without easy access to a health care provider who have questions about their test result and what to do next, can call the Public Health COVID-19 information line at 1-833-540-0473, seven days a week, 8:00 am to 8:30 pm.

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## Back-to-School Safety Tips Encouraged as COVID-19 Transmission Remains High



The Los Angeles County Department of Public Health offers advice and information about reducing the risk of COVID-19 infections. Visit us online for the current guidelines and recommendations to keep staff, students, and families safe throughout the year. Learn more at [ph.lacounty.gov/EducationToolkitTK12](http://ph.lacounty.gov/EducationToolkitTK12).